PLANT FACT SHEET

Cyphostemma hereroense (Schinz) Desc. ex Wild & R. B. Drumm.

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten as a snack.

DESCRIPTION

A succulent herb. It lies along the ground. The leaves are folded and hairy. They have 3-6 leaflets. The leaves are 10 cm long by 1.7 cm wide. There are teeth along the edge. The base is wedge shaped. The flowers are greenish yellow. The fruit is a flattened round shape and hairy. It is orange when ripe.

HABITAT

It is a subtropical plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f23225a8-d699-4541-a732-6fa939d4ebcd