PLANT FACT SHEET

Tristemma leiocalyx Cogn.

GENUS *Tristemma* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A soft woody plant. There is a mass of stems lying along the ground. These form roots at the nodes. There are shoots 1.5 m tall. The stems are 4 angled. The leaves are 11 cm long by 6 cm wide. They have a short point. The leaf stalk is 3 cm long. The flower petals are white or pink.

HABITAT

It is a tropical plant. It grows in damp places. It is often near water and in lowland rain-forest. It is often between 1,140 m to 1,320m above sea level.

REFERENCES

Latham, P., 2004, Useful Plants of Bas-Congo province. Salvation Army & DFID p 282

Lautenschläger, T., et al, 2018, First large-scale ethnobotanical survey in the province of Uíge, northern Angola. Journal of Ethnobiology and Ethnomedicine (2018) 14:51

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f23d6a3c-a56e-475e-a1b5-a3e8ef81bf59