PLANT FACT SHEET

Salix exigua Nutt.

GENUS *Salix* **FAMILY** Salicaceae

COMMON NAMES Sandbar willow

EDIBLE PARTS AND USES

Edible parts: Leaves, Buds, Bark

The leaves are used to make a sweet drink.

DESCRIPTION

A spreading shrub. It grows 3 m tall. The stems are long and smooth.

HABITAT

It is a temperate plant. It grows on stream banks and sandy shores.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 152
Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 500

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f23e6340-1e97-40b7-b797-20ea81a427d9