PLANT FACT SHEET

Chiliadenus glutinosus (L.) Fourr.

GENUS *Chiliadenus* **FAMILY** Asteraceae

COMMON NAMES Aragonensis tea

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers - tea

The flowers are used for a tea drink and in a liqueur.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant. It grows on alkaline soils.

NOTES

It is also considered a medicine.

REFERENCES

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Bonet, M. A. & Valles, J., 2002, Use of non-crop food vascular plants in Montseny biosphere reserve (Catalonia, Iberian Peninsula). International Journal of Food Sciences and Nutrition (2002) 53, 225–248 (As Jasonia glutinosa)

Guillen, M. D. and Ibargoitia, M. L., 1995, Volatile components obtained from the leaves of Jasonia glutinosa. Food Chemistry 56(2) 155-158 (As Jasonia glutinosa)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f24010c3-29fb-4f82-a92e-1a2f4082b3c3