PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Inonotus obliquus L.

GENUS *Inonotus* **FAMILY** Hymenochaetaceae

COMMON NAMES Chaga mushroom, Cinder conk

EDIBLE PARTS AND USES

Edible parts: Fungus, Mushroom

It is boiled for tea.

DESCRIPTION

A mushroom. It grows feeding on birch trees.

HABITAT

It is a temperate plant.

NOTES

It probably has anticancer properties.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f245ddec-1ecd-4d76-b155-ea6d74dfd466