PLANT FACT SHEET

Atriplex rosea L.

GENUS *Atriplex* **FAMILY** Amaranthaceae

COMMON NAMES Saltbush, Tumbling saltweed

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The young shoots and leaves are cooked and eaten. They are also used as flavouring in relishes and chutneys. The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.

DESCRIPTION

An annual herb. It grows 30-50 cm tall. They plant is grey and scaly. The leaves are oval and 2-4 cm long by 5-12 mm wide. The flowers are in spikes at the end of shoots and also along the sides. The seeds are round but flattened. They have bracts around them.

HABITAT

It is a temperate plant. It can grow in salty soils. It can grow in arid places. In Argentina it grows between 500-1,000 m above sea level.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

They have also been put in the family Chenopodiaceae.

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