PLANT FACT SHEET

Tithonia tagetifolia Desf.

GENUS *Tithonia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are roasted and eaten.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants

Savita, et al, 2006, Studies on wild edible plants of ethnic people in east Sikkim. Asian J. of Bio Sci. (2006) Vol. 1 No. 2 : 117-125

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f29ff362-cb4f-4c02-8e48-870ee9aec8b9