PLANT FACT SHEET

Bactris concinna Mart.

GENUS *Bactris* **FAMILY** Arecaceae

COMMON NAMES Elegant spinyclubpalm

EDIBLE PARTS AND USES

Edible parts: Fruit, Palm hearts, Cabbage

The fruit are eaten raw. They are also used for drinks.

DESCRIPTION

A palm which forms a cluster. The stems can reach 8 m high. The trunks are covered with a dense mat of grey leaf fibres. There are rings of black spines 1.5 cm long. The leaves are 1.3-1.6 m long. The leaflets are regularly spaced and dark green. They grow in a flat plane. The leaf stalk is spiny. The fruit are pointed and in tightly packed bunches. There are 2 small branches with about 40 fruit on each. The fruit are 2.5 cm long and edible. They are dark purple brown.

HABITAT

A tropical plant. It grows in lowland rainforest. It needs moist soil. It can grow in sun or shade. It grows along the edges of blackwater rivers. It also grow in swamps.

NOTES

There are 239 Bactris species. There are 75 species in tropical America. Most Bactris have fruit that are edible but many are not attractive.

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