PLANT FACT SHEET

Betonica macrantha K. Koch

GENUS *Betonica* **FAMILY** Lamiaceae

COMMON NAMES Big betony

EDIBLE PARTS AND USES

Edible parts: Medicine

DESCRIPTION

A herb. It grows 60 cm tall and spreads 30 cm wide. The leaves are heart shaped and scalloped along the edge. The flowers and purple to pink and hooded and in spikes.

HABITAT

It is a temperate plant.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f321b5eb-b6e7-4dcf-8a1b-46d930e575c8