PLANT FACT SHEET

Eriodictyon trichocalyx var. lanatum (Brand) Jeps.

GENUS *Eriodictyon* **FAMILY** Boraginaceae

COMMON NAMES San Diego yerbasanta, Hairy yerba santa

EDIBLE PARTS AND USES

Edible parts: Leaves - drink, Medicine

The leaves and honey are boiled down into a syrup eaten by children.

DESCRIPTION

A herb. The stems have wavy hairs. The flowers are white.

HABITAT

It is a temperate plant. It grows in open pine forests between 300-2,200 m above sea level.

NOTES

Also put in the family Hydrophyllaceae.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 220

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f343ae6e-93a6-499a-8535-5bba269208ff