PLANT FACT SHEET

Begonia nelumbiifolia Cham. and Schldl.

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Lilypad begonia, Lotus leaved begonia

EDIBLE PARTS AND USES

Edible parts: leaves

It is used as a potherb.

DESCRIPTION

A herb. It grows 30-60 cm tall. It has rhizomes or runners. The flowers are pink or white.

HABITAT

It is a tropical plant. In Mexico it grows between 500-800 m altitude. It grows in tropical rain forest. It suits USDA hardiness zone 10-11. It grows in light shade.

PRODUCTION

Cultivation

It can be grown by diving the rhizome, seed or leaf cuttings.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f359f9db-f6fb-4361-a388-dd32b5ee33b7