PLANT FACT SHEET

Streptopus simplex D. Don

GENUS *Streptopus* **FAMILY** Liliaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome, Shoots

The young rhizomes and tender shoots are eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It has creeping rhizomes or underground stems. The stem is erect and smooth.

HABITAT

It is a temperate plant. In Sikkim it grows between 2,400-4,000 m above sea level. It grows on the edges of forests and along streams.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f3618630-19b4-4aed-9e7e-1a1a6426bb26