PLANT FACT SHEET

Fadogia elskensii De Wild.

GENUS *Fadogia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, flower - nectar

The ripe fruit are sweet and eaten raw.
The nectar from the flowers is sucked by children.

DESCRIPTION

A shrubby herb. It has a woody rootstock. Several unbranched stems arise from the rootstock. The upper stems are 4 angled. The stems are 25-90 cm tall. The leaves are in rings of 3-4. They have a round base and sharp tip. They are hairy underneath. The flowers are small and yellow to green. They are in groups or 1-5 in the axils of leaves. The fruit are round, shiny and black. They have 5 rough seeds.

HABITAT

It is a tropical plant. It grows in woodland and grassland subject to seasonal burning. In Tanzania it grows between 1,000-1,800 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds and also from cuttings of the rootstock.

Harvesting and Seed Production

The ripe fruit are collected from October to January.

REFERENCES

Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 314
World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f376756a-0b74-4e12-96cc-cd9004019590