PLANT FACT SHEET

Eulophia plantaginea (Thouars) Rolfe ex Hochr.

GENUS *Eulophia* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Pseudobulbs

DESCRIPTION

A ground orchid. It has tall erect stalks bearing a loose spike of showy flowers. The leaves are long and narrow with parallel veins.

HABITAT

A tropical plant. They grow in summer rainfall areas and die back during the dry season.

PRODUCTION

Cultivation

Plants can be grown from tubers. They can also be grown by seed but with more difficulty.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 86 (As Lissochilus plantagineus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f396cb65-b053-4bf5-889d-613ceb404bf3