PLANT FACT SHEET

Litsea elliptica Blume

GENUS *Litsea* **FAMILY** Lauraceae

COMMON NAMES Elliptic-leaved medang tree

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten as a vegetable side dish and as flavouring in curries.

DESCRIPTION

A medium sized tree. It grows 10-30 m tall. The bark is smooth. The leaves are in spirals. The leaf blade is narrowly oval and 6-16 cm long by 3-7 cm wide.

HABITAT

It is a tropical plant. It grows in tropical rain forest between 50-600 m above sea level.

NOTES

It is an unresolved name in The Plant List. It has established anti-cancer properties.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f3aa504e-acce-42a5-8b7d-e902e2fada26