PLANT FACT SHEET

Albidella oligococca (F. Muell.) Lehtonen

GENUS *Albidella* **FAMILY** Alismataceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots are eaten raw as a vegetable and cooked in curries.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Chiang Mai University Vol. 4 , 1964, Table 6 (As Caldesia oligococca) p 43

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f3afbd35-8608-469f-aac3-46254ba41f48