PLANT FACT SHEET

Cephalotaxus sinensis (Rehder & E. H. Wilson) H. L. Li

GENUS *Cephalotaxus* **FAMILY** Taxaceae

COMMON NAMES Chinese plum yew

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

DESCRIPTION

A shrub or small tree. It can grow to 12 m tall. The trunk can be 1.2 m across.

HABITAT

It is a warm temperate to subtropical plant. It grows in mountain conifer forest between 600-3,000 m in China. In XTBG Yunnan.

PRODUCTION

Harvesting and Seed Production

Flowering occurs in March to June and seeds mature in July to November.

NOTES

There are about 10 Cephalotaxus species.
Also put in the family Cephalotaxaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f3b79ab5-e82f-4b28-b1e0-3eb8bc027e36