PLANT FACT SHEET

# *Adenia viridiflora* Craib

**GENUS** *Adenia* **FAMILY** Passifloraceae

**COMMON NAMES** Sarb

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Fruit, Vegetable

The young leaves and young fruit are boiled and eaten as a vegetable.
CAUTION: Most Adenia are poisonous.

## DESCRIPTION

A woody climbing creeper. It grows 10 m long. It is a succulent plant with a swollen base. The flowers are pale green. The fruit are capsules 7 cm long.

## HABITAT

It is a tropical plant. It grows in bamboo forests.

## PRODUCTION

### Cultivation

Plants are grown from seeds.

### Harvesting and Seed Production

Leaves are collected during the dry season.

## NOTES

There are 95 Adenia species. They are common in the semiarid regions of Africa.

## REFERENCES


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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/f3e33012-59fd-45bf-ba1b-f2b2b519fe1d