PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Cleome refracta (Engelm.) Mabb.

GENUS *Cleome* **FAMILY** Cleomaceae

COMMON NAMES Spectacle fruit

EDIBLE PARTS AND USES

Young plants are boiled and eaten.

DESCRIPTION

A herb that grows each year from seed. It grows 40-200 cm tall. The leaves have 3 leaflets. The blades are oval and 1-5 cm long by 0.4-2 cm wide. The flower petals are yellow.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 600 (As Wislizenia refracta)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f4154486-2be5-494a-9f0f-7689c597a505