PLANT FACT SHEET

# *Vernonia colorata* (Willd.) Drake

**GENUS** *Vernonia* **FAMILY** Asteraceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are cooked as a vegetable.

## DESCRIPTION

A shrub or small tree. It grows 2 m tall or more. The leaves are narrowly oval. They have wavy edges. They are hairy. The flower heads are star shaped in large clusters at the ends of branches.

## HABITAT

It is a tropical plant. It has been recorded up to 1,540 m above sea level.

## NOTES

Medicine.

## REFERENCES

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/f43fbb86-a204-4e37-aec5-87e4528454de