PLANT FACT SHEET

Tragopogon graminifolius DC.

GENUS *Tragopogon* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Root

The young leaves and stems are used in salads and also fried.
The gum from the latex is used as chewing gum.

DESCRIPTION

A herb. It grows 20-90 cm tall. There are several stem that grow from the base. Old leaves cover the base of the root. The leaves are grass like and flat with 5 veins. The leaves are 4-8 mm wide. The flowers have long petals that are yellow.

HABITAT

It is a temperate plant.

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