PLANT FACT SHEET

Costus scaber Ruiz & Pav.

GENUS *Costus* **FAMILY** Costaceae

COMMON NAMES Cana agria, Red congo cane

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Stems - drink

The leaves are boiled and made into a fermented drink.
The stems are sucked for their moisture.

DESCRIPTION

A herb. It grows 3 m tall. The leaves are arranged in spirals. The leaves are narrowly oval and 32 cm long by 11 cm wide.

HABITAT

It is a tropical plant. It grows on the edge of forests and along streams.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f46b9385-0c1a-403a-9422-8f8694e395cf