PLANT FACT SHEET

Humulus lupulus var. neomexicanus A. Nels & Cockerll

GENUS *Humulus* **FAMILY** Cannabaceae

EDIBLE PARTS AND USES

Edible parts: Hops - flavouring, Flowers - flavouring

The hops can be used to flavour wheat flour or potatoes.

DESCRIPTION

A shrub or vine. It can be 6 m long. The leaves are divided like fingers on a hand.

HABITAT

It is a temperate plant. It grows between 1,900-2,300 m above sea level. It often grows near streams.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 270

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f4bf7d16-b32e-4677-b493-185542c877ea