PLANT FACT SHEET

Sceptridium ternatum (Thunb.) Lyon

GENUS *Sceptridium* **FAMILY** Ophioglossaceae

COMMON NAMES Fern

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The plant is boiled and eaten as a vegetable.

DESCRIPTION

A fern.

HABITAT

It is a temperate plant.

NOTES

There are about 25-40 Botrychium species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 79 (As Botrychium ternatum)

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Botrychium ternatum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f4cb8958-ae95-48be-acbb-3cf25c568904