PLANT FACT SHEET

Leucas chinensis (Retz.) Sm.

GENUS *Leucas* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used for a herbal tea.

DESCRIPTION

A herb. It grows 20-30 cm tall. It has a white silky coating.

HABITAT

It is a subtropical plant.

NOTES

Medicine.

REFERENCES

Li, D. et al, 2017, Ethnobotanical survey of herbal tea plants from the traditional markets in Chaoshan, China. Journal of Ethnopharmacology. 205 (2017) 195-206 (As Leucas mollissima var. chinensis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f4d4157f-3302-4b2a-ba88-5cd6ebf59113