PLANT FACT SHEET

Ophiopogon clarkei Hook.f.

GENUS *Ophiopogon* **FAMILY** Asparagaceae

COMMON NAMES Himalayan mondo grass

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A herb. It keeps growing from year to year. It has underground runners or rhizomes. It grows 20 cm tall. The leaves are 30 cm long and dark green and narrow. The flowering shoots are 2-3 cm long and with 2-5 flowers. The flowers are pink to white. The fruit are purple berries.

HABITAT

It is a temperate plant. It grows between 2,100-3,700 m above sea level. It suits USDA hardiness zones 7-10.

REFERENCES

Khakurel, D., et al, 2021, Foods from the wild: Local knowledge, use pattern and distribution in Western Nepal. PLOS ONE.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f4f6f034-1122-45ce-a2c7-2638d8949137