PLANT FACT SHEET

# *Indigofera schimperi* Jaub. & Spach

**GENUS** *Indigofera* **FAMILY** Fabaceae

## EDIBLE PARTS AND USES

**Edible parts:** Tubers

## DESCRIPTION

A herb with a woody rootstock. It can be a shrub up to 1.3 m tall. It has a silvery coating on the stems. The leaves have 3-10 leaflets. These are 25 mm long by 20 mm wide. The pods are 3 cm long and 2 mm wide. There are up to 12 seeds.

## HABITAT

It is a tropical plant It grows up to 1,560 m above sea level.

## REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/f52fed7b-bcae-481e-8d33-a80c50e87fef