PLANT FACT SHEET

Rubus leucodermis Dougl. ex Torr. & A. Gray

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Whitebark raspberry, Western raspberry

EDIBLE PARTS AND USES

Edible parts: Fruit, Stem, Leaves - tea

The fruit are eaten raw. They are also dried or made into jams and sauces.
The leaves are used for tea.
The young tender shoots are eaten.

DESCRIPTION

A shrub. It loses its leaves during the year. The canes arch over and have prickles. The bark is smooth and red with a waxy covering. The leaves have prickles on the veins. The leaves are compound and white underneath. There are 2 side leaflets and a larger one at the end. The flowers are white and often in clusters. The fruit is a purple to black berry.

HABITAT

It is a temperate plant. It grows in open clearings in woods.

NOTES

There are about 250 Rubus species.

REFERENCES

Bocek, B. R., 1984, Ethnobotany of Costanoan Indians, California, Based on Collections by John P. Harrington. Economic Botany 38(2): 240-255

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 209

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 578

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 282

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 762

Khan, M. T., et al, 2016, Ethnobotanical Study of Wild Flora in the Remote Areas of Northern Pakistan. Wulfenia Journal Vol. 23, No 10 p 159

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1843

Kuhnlein, H. V., et al, 2009, Indigenous Peoples' food systems. FAO Rome p 33

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 94

Mansfield's Encyclopedia of Agricultural and Horticultural Crops p 423

Medsger, O. P., 1939, Edible Wild Plants. Macmillan Company. p 27

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 489

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Ryan, S., 2008, Dicksonia. Rare Plants Manual. Hyland House. p 50

Segura, S., et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

Turner, N., 1995, Food Plants of Coastal First Peoples. Royal BC Museum Handbook p 121

Turner, N., 1997, Food Plants of Interior First Peoples. Royal BC Museum Handbook p 154

Turner, N., et al, 2011, "Up on the Mountain": Ethnobotanical Important of Montane Sites in Pacific Coastal North America. Journal of Ethnobiology 31(1): 4-43

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f54cec41-1824-4859-b557-7f89f5ab4d59