PLANT FACT SHEET

Sambucus melanocarpa A. Gray

GENUS *Sambucus* **FAMILY** Viburnaceae

COMMON NAMES Black berried elder, Blackbead elderberry, Black elder

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit

The fruit are used in sauces, pies, muffins, wines or made into juice.
The juice can be used as a drink or made into syrup and jelly.

DESCRIPTION

A shrub. The flowers are fruit are in loose round clusters. They are about 7 cm across. The berries are shiny black.

HABITAT

It grows in the Rocky mountains above 1000 m altitude.

NOTES

There are about 25 Sambucus species. Also put in the family Sambucaceae.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994)

Elias, T.S. & Dykeman P.A., 1990, Edible Wild Plants. A North American Field guide. Sterling, New York p 190

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 223

Farrar, J.L., 1995, Trees of the Northern United States and Canada. Iowa State University press/Ames p 172

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Proc. Amer. Acad. Arts 19:76. 1884

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f54d2235-4d29-4a64-b3b2-7637862c5991