PLANT FACT SHEET

Ipomoea hochstetteri House

GENUS *Ipomoea* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A climbing herb. It is an annual plant. It grows 3 m long. The leaf blade is round and divided into lobes like fingers on a hand. There are 5 lobes. The outer lobes are often divided again. The leaf is up to 13 cm long by 12 cm wide. There are 1-6 flowers in a group. They are funnel shaped and white or mauve. The fruit is a round capsule. The seeds are oval and flattened and dark brown.

HABITAT

A tropical plant. It grows in sandy soils between 930-1,372 m above sea level.

NOTES

There are about 500 Ipomoea species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 83

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 187

Swaziland's Flora Database http://www.sntc.org.sz/flora

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f56be6a6-9b81-4755-81b6-ae5bf83d14f3