PLANT FACT SHEET

Valerianella coronata DC.

GENUS *Valerianella* **FAMILY** Caprifoliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in salads.

DESCRIPTION

A short annual herb. It is usually without hairs. The stem is simple or can be branched from the base. The leaves are narrow and spoon shaped. The middle leaves have some teeth. The upper leaves are more narrow and lobed towards the base. The bracts are oval with a thin hairy edge. The flowers are pale mauve to blue. They are in round heads. The fruit are 1.5-2 mm long. The calyx has 6 lobes. The calyx cup does not have hairs inside.

HABITAT

It grows on fallow ground and rocky hillslopes.

NOTES

Also put in the family Valerianaceae.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 423

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 670

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f56f2ba1-76c6-4f21-a10b-310f8ad053e4