PLANT FACT SHEET

Brassica napus var. pabularia (DC.) Rchb.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Curled kitchen kale

EDIBLE PARTS AND USES

Edible parts: Leaves, Oil, Vegetable

The leaves are used in salads and cooked as a vegetable.

DESCRIPTION

A cabbage family herb. The leaves are like spinach.

HABITAT

It suits hardiness zones 8-11. Plants are cold hardy.

NOTES

There are about 30 Brassica species and many cultivated varieties.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f5779a82-14f4-4408-9499-8e28e9893ee5