PLANT FACT SHEET

Crocus aleppicus Baker

GENUS *Crocus* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corms, Root, Young seeds

The bulbs (corms) are eaten raw or roasted.
The soft seeds are eaten raw.

DESCRIPTION

A herb with a corm or bulb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Al-Qura'n, S. A., 2010, Ethnobotanical and Ecological Studies of Wild Edible Plants in Jordan. Libyan Agriculture Research Center Journal International 1(4):231-243

Jacobsen, A. L., February 2013: edible Crocus www.arthurleej.com/plant of the month.html

Tukan, S. K., et al, 1998, The use of wild edible plants in the Jordanian diet. International Journal of Food Sciences and Nutrition. 49:225-235

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f57e4e7d-3858-49ea-834b-646d33ad57f2