PLANT FACT SHEET

Oenothera elata Kunth

GENUS *Oenothera* **FAMILY** Onagraceae

COMMON NAMES Tall evening primrose, Hooker's evening primrose

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves, pods

The young pods are cooked and eaten.

DESCRIPTION

A herb. It grows 60-100 cm tall. The leaves are 4-15 cm long by 1-3 cm wide. They are alternate and softly hairy.

HABITAT

It grows between 1,100-2,300 m above sea level.

REFERENCES

https://www.fireflyforest.com/flowers/category/edible-plants/ Edible Plants – Southeastern Arizona Wildflowers and Plants
Nature Collective

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f5a65d2b-1c92-47d7-8856-3bd212ecf9e6