PLANT FACT SHEET

Scutellaria baicalensis Georgi

GENUS *Scutellaria* **FAMILY** Lamiaceae

COMMON NAMES Baikal skullcap, Soksokeum-phul

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The young leaves are eaten as a boiled vegetable.
The plant is dried and used for tea.

DESCRIPTION

A herb which keeps growing from year to year. It grows 38 cm high. It spreads 20 cm wide. It lies along the ground near its base. The leaves are sword shaped and 3-4 cm long. They are slightly hairy. The flowers are purple-blue and 2.5 cm long. They grow along one side of the stalk.

HABITAT

It is a temperate plant. It grows in the eastern forest in Manchuria. In northern China it grows between 100-2,000 m above sea level. It suits hardiness zones 5-9.

NOTES

There are about 300-350 Scutellaria species. It has anticancer properties. It also reduces dengue virus multiplication.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f5a986e6-31e7-4bd9-b0e8-e217e8573ec7