PLANT FACT SHEET

Deparia acrostichoides (Sw.) M. Kato

GENUS *Deparia* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The leaves or fronds are used in stir-fries and soup.

DESCRIPTION

A fern.

HABITAT

It is a temperate plant.

NOTES

Also put in the family Woodsiaceae.

REFERENCES

Khan, M. & Hussain, S., 2014, Diversity of wild edible plants and flowering phenology of district Poonch (J & K) in the northwest Himalaya. Indian Journal of Sci, Res. 9(1): 032-038 (As Diplazium acrostichoides)

Liu, Y., et al, 2012, Food uses of ferns in China: a review. Acta Societatis Botanicorum Poloniae 84(4): 263-270 (As Lunathyrium acrostichoides)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f5d6eb4d-5929-4ad8-8473-4a37f82af231