



PLANT FACT SHEET

Gamochaeta purpurea (L.) Cabrera

GENUS *Gamochaeta* **FAMILY** Asteraceae

COMMON NAMES Purple cudweed, Purple everlasting

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Shoots

The plants are boiled and eaten.

Caution: In soils with high nitrogen levels it can cause nitrate/nitrite poisoning.

DESCRIPTION

A herb. It can grow from seed each year or keep growing from year to year. It grows 10-40 cm tall. The leaves at the base are in rings. They are 1-6 cm long by 1 cm wide. The higher leaves are smaller. They are whitish underneath. The flower heads are in groups in spikes.

HABITAT

It is a temperate plant. It grows at low elevations in Taiwan. In Argentina it grows from sea level to 800 m above sea level Tasmania Herbarium.

NOTES

There are about 200 Gnaphalium species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f5eb0fd6-57dd-4f0a-8793-8aa4e1ff7669>