PLANT FACT SHEET

Adesmia lotoides Hook.f.

GENUS *Adesmia* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Root

The rhizome is reported as eaten.

DESCRIPTION

A herb. It is 3-10 cm tall. It has rhizomes. They are large and flexible. The leaves 1-2 cm long and without stalks. They are narrow. The flowers occur singly and are 9-12 mm long. They are yellow.

HABITAT

It is a temperate plant. It grows naturally on open soil and sand, coastal scrub to 40 metres in Tierra del Fuego and north to 50° in Chile and 41° in Argentina. It grows in Patagonia.

REFERENCES

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Molares, S. & Ladio, A., 2012, The Usefulness of Edible and Medicinal Fabaceae in Argentine and Chilean Patagonia: Environmental Availability and Other Sources of Supply. Evidence-Based Complementary and Alternative Medicine. Volume 2012, Article ID 901918, 12 pages, Hindawi Publishing Corporation.

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

www.hidawi.com/journals/ecam/2012/901918/tab1/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f60281ea-7ca1-4a0e-858b-217fe8ca8c26