



PLANT FACT SHEET

Tolmiea menziesii (Pursh.) Torr. & A. Gray

GENUS *Tolmiea* FAMILY Saxifragaceae

COMMON NAMES Youth on age, Piggyback-plant, Thousand mothers

EDIBLE PARTS AND USES

Edible parts: Leaves

The sprouts are eaten raw in early spring.

DESCRIPTION

It is a perennial plant. It has a well developed underground stem or rhizome. Young plants are produced on the leaves. It grows 30-50 cm high and 45-60 cm wide. The leaves are hairy and lobed and with teeth around the edge. The leaves are 10 cm across. The flowers are small slightly fragrant purplish brown. The flower stems are 30-60 cm long. Small plantlets develop from the buds.

HABITAT

It grows on the ground in conifer woodland. It needs protection from the sun. It needs cool moist soil rich in organic matter. It is frost hardy. It needs cool conditions and would only survive at higher altitudes in the tropics. It suits hardiness zones 6-9.

PRODUCTION

Cultivation

Plants can be grown by division. They can also be by removal of plantlets, and from seed.

NOTES

There is only one *Tolmiea* species.

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f60d6f3a-10e4-402e-8814-71db13cd4f7b>