PLANT FACT SHEET

Oxalis obtusa Jacq.

GENUS *Oxalis* **FAMILY** Oxalidaceae

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The roots are eaten as a snack and vegetable.
The leaves are eaten as a snack.

DESCRIPTION

A herb. It grows 10 cm tall. It can be hairy. The leaves are in groups of 3 and varies in shape and size. The flowers occur singly and come in several colours.

HABITAT

It is a subtropical to temperate plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 84

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f63d177a-0c20-4431-a6bd-2c0ae6c62747