



PLANT FACT SHEET

Ganoderma lucidum (Leysser ex Fr.) Karsten

GENUS *Ganoderma* **FAMILY** Ganodermataceae

COMMON NAMES Reishi mushroom, Lacquered bracket fungus

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

The fruiting bodies are eaten. They are sun-dried and used in syrups and powders. A confection is made from this mushroom.

DESCRIPTION

An umbrella shaped mushroom. The upper surface is shiny. It has many wave like wrinkles and is yellow with red near the edges. Underneath it is pale brown or white. The stalk is hard and dark brown.

HABITAT

A tropical plant. It grows as the base of oak and other deciduous trees. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown from spores.

NOTES

It is used in medicine.

PICTURES



Credit: Food Plants International (Bruce French)

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