



PLANT FACT SHEET

Aphananthe philippinensis Planch.

GENUS *Aphananthe* FAMILY Cannabaceae

COMMON NAMES Rough-leaved elm, Grey handlewood

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are claimed to taste like stewed apples.

DESCRIPTION

A medium sized tree. It grows 8-12 m tall. The trunk is irregular and has buttresses at the base. The leaves are dark green above and have a rough surface. They are simple, alternate and have sharp teeth. They are narrowly oval and 3-10 cm long. Male and female flowers are separate. The flowers are small and cream to green. The fruit are greenish-yellow. They turn black when ripe.

HABITAT

It is a tropical plant. It grows in drier rainforest and along rivers. It grows from sea level to 900 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from fresh seed. The flesh is removed before planting.

Harvesting and Seed Production

It is slow growing.

REFERENCES

Edible and Useful Native Plants (off internet)

Jacks, B. R., 2010, Plants of Magnetic Island. 3rd Edition. James Cook University, Australia. p 126

Melzer, R. & Plumb, J., 2011, Plants of Capricornia. Belgamba, Rockhampton. p 349

The Fort Bushland Reserve - February 2008. Off the internet.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f6b1cfcc-9565-493a-a313-1fc40ea02deb>