PLANT FACT SHEET

Sarcocornia pacifica (Standl.) A. J. Scott

GENUS *Sarcocornia* **FAMILY** Amaranthaceae

COMMON NAMES Pacific swampfire, Beach asparagus

EDIBLE PARTS AND USES

Edible parts: Leaves, Plant

The young plants are used for salads and also for pickles.

DESCRIPTION

A herb that keeps growing from year to year. The stems are smooth and fleshy. They are jointed with branches that come out opposite. The leaves are opposite and reduced to scales. The flowers are very small and in 3 sunk into the fleshy top of the stalks.

HABITAT

It is a cold temperate plant. It grows on beaches.

REFERENCES

Heller, C. A., 1962, Wild Edible and Poisonous Plants of Alaska. Univ. of Alaska Extension Service. p 28 (As Salicornea pacifica)

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 518

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f6bf70a3-09ea-4e03-b4da-2ad77af8af75