PLANT FACT SHEET

Erysimum hieraciifolium L.

GENUS *Erysimum* **FAMILY** Brassicaceae

COMMON NAMES European wallflower

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves and shoots are cooked as a vegetable.

DESCRIPTION

A cabbage family herb. It has fine hairs. It grows about 60 cm high. The lower leaves have stalks, while the upper leaves do not. The leaves are sword shaped and can be indented and with teeth. The flowers are yellow. The fruit is a pod. It has many seeds.

HABITAT

It is a temperate plant. In Nepal it grows from 1600-3500 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are 80 Erysimum species.

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Wild edible plants of Himachal Pradesh

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