PLANT FACT SHEET

Bistorta officinalis subsp. officinalis Wall.

GENUS *Bistorta* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are boiled in water.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. In Yunnan.

REFERENCES

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10 (As Polygonum paleaceum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f6db8c1f-204e-4b3e-87c9-02a6e730143e