



PLANT FACT SHEET

Sedum spectabile Boreau

GENUS *Sedum* FAMILY Crassulaceae

COMMON NAMES Ice plant, Long-stamen sedum, Showy sedum

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are used in salads.

DESCRIPTION

A perennial herb. It grows 30-45 cm high and 45-60 cm wide. The grey-green leaves form clumps. The flowers are in flat heads 15 cm across. These have tightly packed starry flowers. They are pink.

HABITAT

It is a temperate plant. It is frost hardy. It is often grown among rocks. It suits hardiness zones 6-10. Melbourne Botanical gardens.

PRODUCTION

Cultivation

It is grown by seed, cuttings or divisions.

NOTES

There are about 400 *Sedum* species.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f7034f3c-fcf2-45d7-acf5-c104a12c5b4b>