PLANT FACT SHEET

Verbascum phlomoides L.

GENUS *Verbascum* **FAMILY** Scrophulariaceae

COMMON NAMES Orange mullein, Woolly mullein

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

DESCRIPTION

A herb. It grows 1.2 m tall.

HABITAT

It is a temperate plant.

REFERENCES

Alrhmoun, M., et al, 2026, Ecological fingerprints of mountain migration in wild food plants of North Macedonian and other Balkan Gorani. Discover Food (2026) 6:189

Pawera, L., et al, 2017, Traditional Plant Knowledge in the White Carpathians: Ethnobotany of Wild Food Plants and Crop Wild Relatives in the Czech Republic. Hum Ecol (2017) 45:655–671

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f71e608d-219e-4cf3-a96a-469ab0281d02