PLANT FACT SHEET

Aralia thomsonii Seem. ex C. B. Clarke

GENUS *Aralia* **FAMILY** Araliaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots and young leaves are used for flavouring.

DESCRIPTION

A shrub.

HABITAT

It is a subtropical plant.

REFERENCES

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 149

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f758cf1f-5433-4532-b6d7-8cf0ead0abf6