PLANT FACT SHEET

Ottelia ulvifolia (Planch.) Walp.

GENUS *Ottelia* **FAMILY** Hydrocharitaceae

COMMON NAMES Water lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Seeds, Vegetable

DESCRIPTION

A herb that grows in water. It keeps growing from year to year. The leaves are under the water. They are 30 cm long by 6 cm wide. The leaves let light through. The flowers are yellow or white and are above the water.

HABITAT

A tropical plant. It grows in moving water throughout West Africa.

NOTES

There are about 40 Ottelia species. They grow in the tropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f78ea5f5-e742-4c08-8040-d62c7b6b0d8b