PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Euonymus latifolius (L.) Mill.

GENUS *Euonymus* **FAMILY** Celastraceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The seeds are used for making bread.

DESCRIPTION

A shrub. It grows 3 m tall.

HABITAT

It is a temperate plant.

REFERENCES

Kizilarslan, C. & Ozhatay, N., 2012, An ethnobotanical study of the useful and edible plants of İzmit. Marmara Pharmaceutical Journal 16: 134-140, 2012.

Orhan, I., et al, 2009, Free radical scavenging properties and phenolic characterization. Food Chemistry 114: 276-281

Postman, J. D., et al, 2012, Recent NPGS Coordinated Expeditions in the Trans-Caucasus Region to Collect Wild Relatives of Temperate Fruit and Nut Crops. In Acta Horticulturae Number 948 p 191-198

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f7a6e5d2-5288-4289-bd3a-05276d61ef74